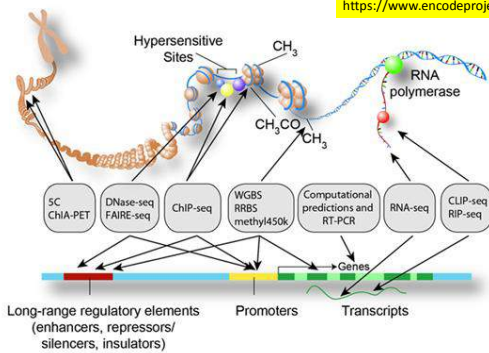
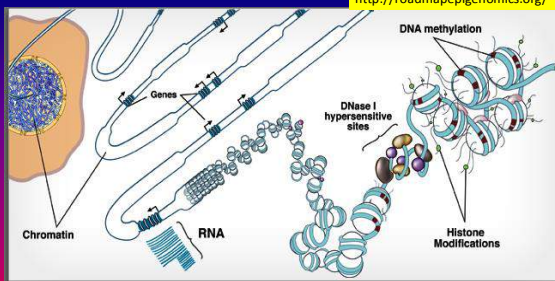


<https://www.encodeproject.org/>



ENCODE: Encyclopedia of DNA Elements

<http://roadmapgenomics.org/>



DNA methylation

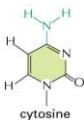
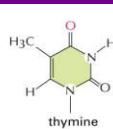
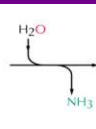
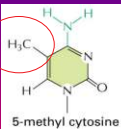
→ Covalent modification of the DNA is also important for gene silencing human cells.

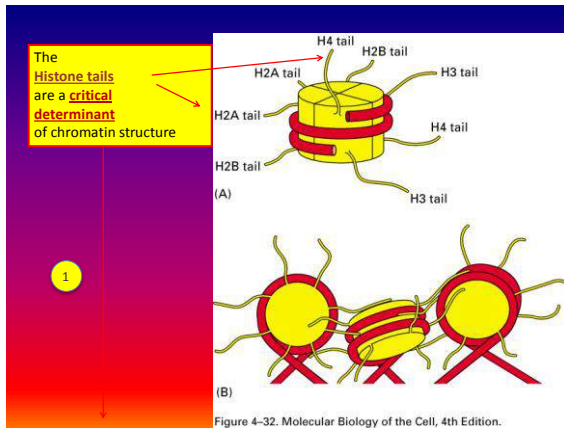
→ Most genes have GC rich areas of DNA in their promoter regions, referred to as CpG islands.

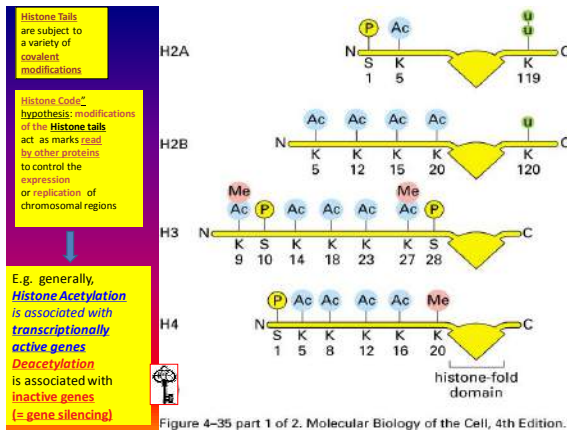
→ Methylation of the C residues within the CpG islands leads to gene silencing

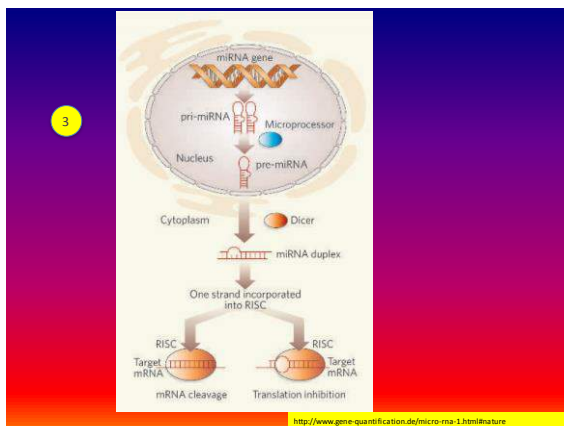
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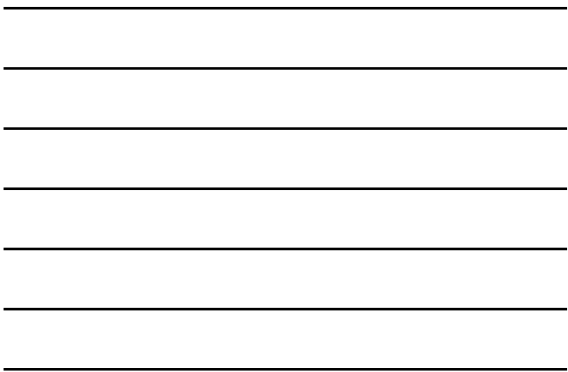
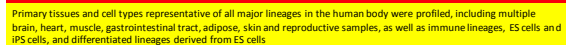
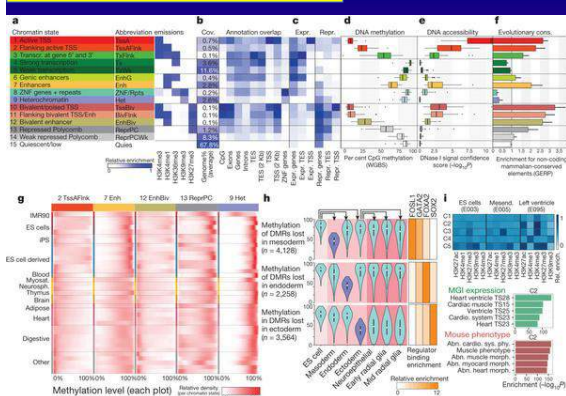
(highly unstable base)

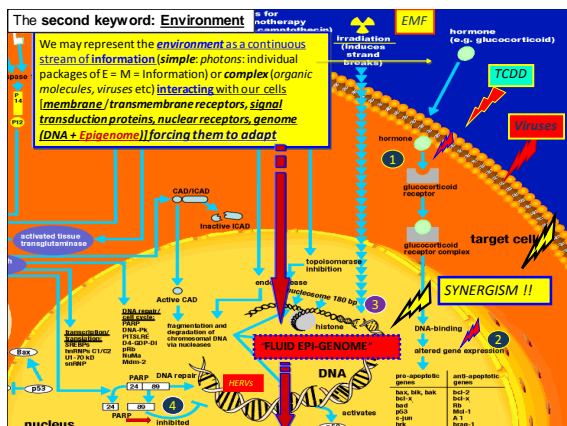








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Pathophysiology 16 (2009) 71–78

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Electromagnetic fields stress living cells

Martin Blank ^{a,*}, Reba Goodman ^b

^a Department of Physiology, Columbia University, New York, NY, USA

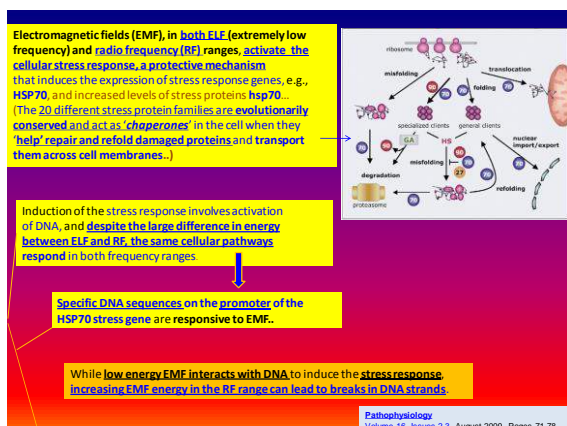
^b Department of Pathology, Columbia University, New York, NY, USA

Received 30 January 2009; accepted 30 January 2009

Abstract

Electromagnetic fields (EMF), in both ELF (extremely low frequency) and radio frequency (RF) ranges, activate the cellular stress response, a protective mechanism that induces the expression of stress response genes, e.g., HSP70, and increased levels of stress proteins, e.g., hsp70. The 20 different stress protein families are evolutionarily conserved and act as 'chaperones' in the cell when they 'help' repair and refold damaged proteins and transport them across cell membranes. Induction of the stress response involves activation of DNA, and despite the large difference in energy between ELF and RF, the same cellular pathways respond in both frequency ranges. Specific DNA sequences on the promoter of the HSP70 stress gene are responsive to EMF. While low energy EMF interacts with DNA to induce the stress response, increasing EMF energy in the RF range can lead to breaks in DNA strands.

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The fourth keyword is *developmental plasticity*

Same DNA, Different Look

- We are made up of over 200 cell types.
 - Each cell has the same DNA!
 - How can they look so different?
- Epigenetics!
- Genes turned on or off



neuron
lymphocyte

Wikimedia Commons, ORNL.gov, Flickr, richdelux

HARVARD

In contrast to what it is often asserted, **DNA does not contain the genetic program of the individual**, but simply an enormous amount of **potential information**. **Developmental plasticity** refers to the many possible phenotypes (*polyphenisms*) that may result from a single genome.

CHEMICAL FALL OUT

The gift our mothers never wanted to give us

1 ENDOCRINE DISRUPTORS
dioxin-like molecules

2 HEAVY METALS

3 ULTRAFINE PARTICLES

BodyBurden The Pollution in Newborns

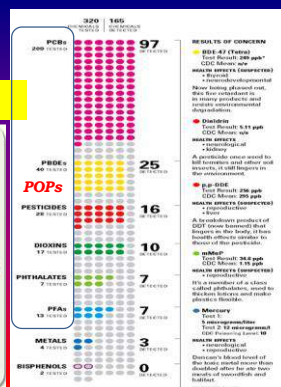
A benchmark investigation of industrial chemicals, pollutants, and pesticides in human umbilical cord blood

...at present many studies in various parts of the world are evaluating the **chemical body burden** ...especially in women, children, embryos / fetuses, providing dramatic results.

<http://www.ewg.org/reports/generations/>

Monitoring Body-Burdens

700 different synthetic chemicals or heavy metals found in human blood,

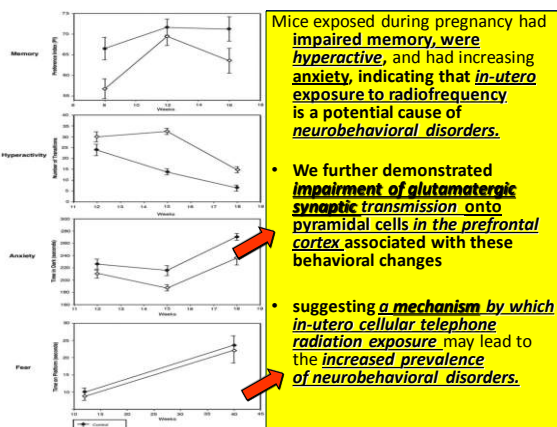


SCIENTIFIC REPORTS
www.nature.com
SCIENTIFIC REPORTS | 2 : 312 | DOI: 10.1038/srep00312

Fetal Radiofrequency Radiation Exposure From 800-1900 Mhz-Rated Cellular Telephones Affects Neurodevelopment and Behavior in Mice

Tamir S. Aldad^{1,2}, Geliang Gan², Xiao-Bing Gao^{2,3} & Hugh S. Taylor^{1,2,4}

...a growing overload of electromagnetic radiations is adding to chemical toxic burden: here we demonstrate that the fetal exposure to 800–1900 Mhz-rated radio-frequency radiation from cellular telephones leads to behavioral and neurophysiological alterations that persist into adulthood.



Among women exposed to microwaves
47% had miscarriages before the 7th week of pregnancy

"Parmi les femmes exposées à des micro-ondes, 47,7% ont eu des fausses couches avant la 7e semaine de grossesse."... (1)

Professor John R. Goldsmith, International / Advisor
Consultant for R.F. Communication, Epidemiology and
Communications Sciences Advisor to the World Health
Organisation, Military and University Advisor, Researcher;
wrote concerning the low level exposure of microwave
irradiation (below thermal level) incident upon women:

"Of the microwave-exposed women, 47.7% had
miscarriages prior to the 7th week of pregnancy..."(1)

The level of irradiation incident upon the women was
stated, as from, five microwatts per centimetre squared.
This level of irradiation may seem meaningless to a non-
scientist; however, when I say that it is below what most
schoolgirls will receive in a classroom of wi-fi transmitters,
from the age of approximately five years upwards, this
level becomes more meaningful.

<https://grossessequebec.wordpress.com/>

Belyaev et al [2010] reported that **915 MHz microwave exposure** significantly affects human **stem cells**

“The strongest microwave effects were always observed in stem cells. This result may suggest both significant imbalance in DSB repair, and severe stress response.

Our findings that **stem cells are the most sensitive to microwave exposure, and react to more frequencies than do differentiated cells** may be important for **cancer risk assessment** and indicate that

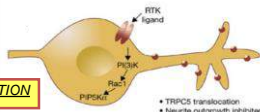
stem cells are the most relevant cellular model for validating safe mobile communication signals.”

Belyaev I, Markova E, Malmgren L. [2010] *Microwaves from Mobile Phones Inhibit 53BP1 Focus Formation in Human Stem Cells Stronger than in Differentiated Cells: Possible Mechanistic Link to Cancer Risk*. Environ Health Perspect. 118(3): 394–399

Chen C, Ma Q, Liu C, Deng P, Zhu G, Zhang L, He M, Lu Y, Duan W, Pei L, Li M, Yu Z, Zhou Z **Exposure to 1800 MHz radiofrequency radiation impairs neurite outgrowth of Embryonic neural stem cells**. Sci Rep. 2014 May 29;4:5103

A radiofrequency electromagnetic field (RF-EMF) of 1800 MHz is widely used in mobile communications. However, the effects of RF-EMFs on cell biology are unclear. **Embryonic neural stem cells (eNSCs) play a critical role in brain development. Thus, detecting the effects of RF-EMF on eNSCs is important for exploring the effects of RF-EMF on brain development.** We exposed eNSCs to 1800 MHz RF-EMF at specific absorption rate (SAR) values of 1, 2, and 4 W/kg for 1, 2, and 3 days. We found that 1800 MHz RF-EMF exposure did not influence eNSC apoptosis, proliferation, cell cycle or the mRNA expressions of related genes. RF-EMF exposure also did not alter the ratio of eNSC differentiated neurons and astrocytes. However, **neurite outgrowth of eNSC differentiated neurons was inhibited after 4 W/kg RF-EMF exposure for 3 days. Additionally, the mRNA and protein expression of the proneural genes Ngn1 and NeuroD, which are crucial for neurite outgrowth, were decreased after RF-EMF exposure.** The expression of their inhibitor Hes1 was upregulated by RF-EMF exposure. These results together suggested that **1800 MHz RF-EMF exposure impairs neurite outgrowth of eNSCs. More attention should be given to the potential adverse effects of RF-EMF exposure on brain development.**

Disturbing the **CONNECTOME INSTRUCTION**

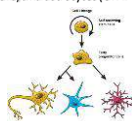


Ma Q, Deng P, Zhu G, Liu C, Zhang L, Zhou Z, Luo X, Li M, Zhong M, Yu Z, Chen C, Zhang Y **Extremely low-frequency electromagnetic fields affect transcript levels of Neuronal differentiation-related genes in embryonic neural stem cells**. PLoS One 2014 Mar 3;9(3):e90041. doi: 10.1371/journal.pone.0090041. eCollection 2014.

Previous studies have reported that **extremely low-frequency electromagnetic fields (ELF-EMF) can affect the processes of brain development**, but the underlying mechanism is largely unknown. **The proliferation and differentiation of embryonic neural stem cells (eNSCs) is essential for brain development during the gestation period.** To date, there is no report about the effects of ELF-EMF on eNSCs. In this paper, we studied the effects of ELF-EMF on the proliferation and differentiation of eNSCs. Primary cultured eNSCs were treated with 50 Hz ELF EMF; various magnetic intensities and exposure times were applied. Our data showed that there was no **Disturbing the CONNECTOME INSTRUCTION** cell viability (CCK-8 assay), DNA synthesis (Edu incorporation), average diameter of neurospheres, cell cycle distribution (flow cytometry) and transcript levels of cell cycle related genes (P53, P21 and GADD45 detected by real-time PCR). **When eNSCs were induced to differentiation, real-time PCR results showed a down regulation of Sox2 and up-regulation of Math1, Math3, Ngn1 and Tuj1 mRNA levels after 50 Hz ELF EMF exposure (2 mT for 3 days),** but the percentages of neurons (Tuj1 positive cells) and astrocytes (GFAP positive cells) were not altered when detected by immunofluorescence assay.

Although cell proliferation and the percentages of neurons and astrocytes differentiated from eNSCs were not affected by 50 Hz ELF-EMF, **the expression of genes regulating neuronal differentiation was altered.**

In conclusion, our results support that 50 Hz ELF-EMF induce molecular changes during eNSCs differentiation, which might be compensated by post-transcriptional mechanisms to support cellular homeostasis.



Review

Cooperative biological effects between ionizing radiation and other physical and chemical agents

Lorenzo Manti^a, Annalisa D'Anco

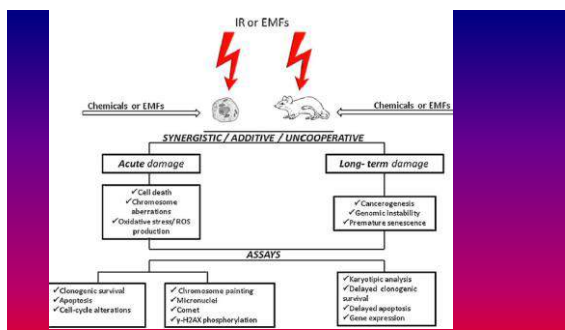
Exposure to ionizing radiation (IR), at environmentally and therapeutically relevant doses or as a result of diagnostics or accidents, causes cyto- and genotoxic damage. However, exposure to IR alone is a rare event as it occurs in spatial and temporal combination with several physico-chemical agents. Some of these are of known noxiousness, as is the case with chemical compounds at high dose, hence additive/ synergistic effects can be expected or have been demonstrated. Conversely, the cellular toxicity of other

... recent data on the interaction between ELF EMFs and chemicals show delayed chromosomal instability arising in human fibroblasts [67].

Suggestions of long-lasting inhibition of DNA repair by UMTS/GSM signals were made based on the observed persistence of the reduction in 53BP1/γ-H2AX

colocalized foci [67].

Hence, RF may epigenetically modulate genomic instability inducible by chronic chemical exposure and/or IR... Therefore, it is of interest to investigate the long-term cooperative effects arising from combined exposure scenarios (Fig. 1).



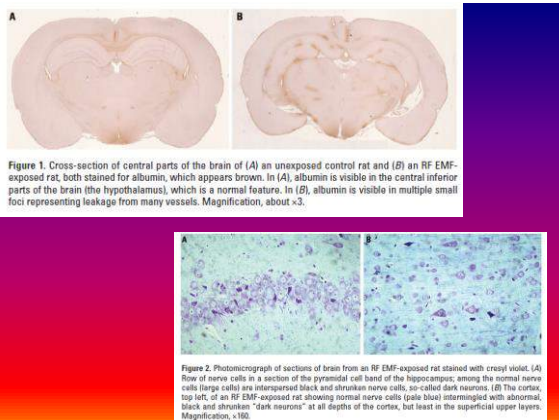
Very little data are currently available on the cumulative effects of exposure to multiple hazardous agents that have either similar or different mechanisms of action on DNA. In addition to known mutagens, presumptive DNA-damaging agents, such as EMFs fields, ought to be also considered since they may influence cellular responses to IR or chemicals, for instance by sublethal stress generation

Nerve Cell Damage in Mammalian Brain after Exposure to Microwaves from GSM Mobile Phones

Leif G. Salford,¹ Arne E. Brun,² Jacob L. Eberhardt,³ Lars Malmgren,⁴ and Bertil R. R. Persson⁵¹Department of Neurosurgery, ²Department of Neuropathology, ³Department of Medical Radiation Physics, and ⁴Department of Applied Electronics, Lund University, The Rausing Laboratory and Lund University Hospital, Lund, Sweden

The possible risks of radio-frequency electromagnetic fields for the human body is a growing concern for our society. We have previously shown that weak pulsed microwaves give rise to a significant leakage of albumin through the blood-brain barrier. In this study we investigated whether a pathologic leakage across the blood-brain barrier might be combined with damage to the neurons. Three groups each of eight rats were exposed for 2 hr to Global System for Mobile Communications (GSM) mobile phone electromagnetic fields of different strengths. We found highly significant ($p < 0.002$) evidence for neuronal damage in the cortex, hippocampus, and basal ganglia in the brains of exposed rats. **Key words:** blood-brain barrier, central nervous system, microwaves, mobile phones, neuronal damage, rats. *Environ Health Perspect* 111:881–883 (2003). doi:10.1289/ehp.6039 available via <http://dx.doi.org/> [Online 29 January 2003]

Three groups each of eight rats were exposed for 2 hr to Global System for Mobile Communications (GSM) mobile phone electromagnetic fields of different strengths. We found highly significant ($p < 0.002$) evidence for neuronal damage in the cortex, hippocampus, and basal ganglia in the brains of exposed rats.



[Int J Toxicol](#). 2015 Mar 5. pii: 1091581815574348. [Epub ahead of print]

Cognitive Impairment and Neurogenotoxic Effects in Rats Exposed to Low-Intensity Microwave Radiation.

[Deshmukh PS¹](#), [Nasare N²](#), [Megha K¹](#), [Banerjee BD³](#), [Ahmed RS¹](#), [Singh D¹](#), [Abejaonkar MP⁴](#), [Tripathi AK¹](#), [Mediratta PK⁵](#).

The health hazard of microwave radiation (MWR) has become a recent subject of interest as a result of the enormous increase in mobile phone usage. The present study aimed **to investigate the effects of chronic low-intensity microwave exposure** on cognitive function, heat shock protein 70 (HSP70), and DNA damage in rat brain. Experiments were performed on male Fischer rats exposed to MWR for 180 days at 3 different frequencies, namely, 900, 1800 MHz, and 2450 MHz. Animals were divided into 4 groups: group I: sham exposed; group II: exposed to MWR at 900 MHz, specific absorption rate (SAR) 5.953×10^{-4} W/kg; group III: exposed to 1800 MHz, SAR 5.835×10^{-4} W/kg; and group IV: exposed to 2450 MHz, SAR 6.672×10^{-4} W/kg. **All the rats were tested for cognitive function at the end of the exposure period and were subsequently sacrificed to collect brain.** Level of HSP70 was estimated by enzyme-linked immunotarget assay and DNA damage was assessed using alkaline comet assay in all the groups.

The results showed **declined cognitive function, elevated HSP70 level, and DNA damage in the brain of microwave-exposed animals.** The results indicated that, chronic low-intensity microwave exposure in the frequency range of 900 to 2450 MHz may cause hazardous effects on the brain.

Alterations of cognitive function and 5HT system in rats after long term microwave exposure [Physiol Behav](#). 2015 Mar 1;140:236-46

The increased use of microwaves raises concerns about its impact on health including **cognitive function in which neurotransmitter system** plays an important role...

We demonstrated that **chronic exposure to microwave** (2.856GHz, with the average power density of 5, 10, 20 and 30mW/cm(2)) could induce **dose-dependent deficit of spatial learning and memory in rats** accompanied with inhibition of brain electrical activity, the **degeneration of hippocampus neurons**, and the **disturbance of neurotransmitters**, among which the **increase of 5-HT** occurred as the main long-term change that the decrease of its metabolism partly contributed to.

Besides, the variations of 5-HT1AR and 5-HT2CR expressions were also indicated.

The results suggested that **in the long-term way, chronic microwave exposure could induce cognitive deficit and 5-HT system may be involved in it**



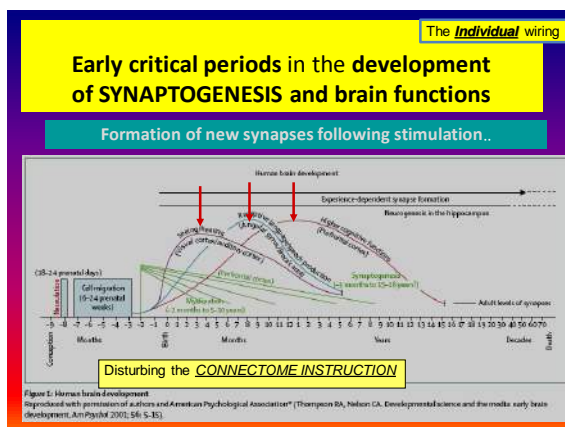
..many studies indicate a relationship between NT MW exposure and permeability of the brain–blood barrier (Nittby et al. 2008), cerebral blood flow (Huber et al. 2005), stress response (Blank and Goodman 2004), and neuronal damage (Salford et al. 2003).

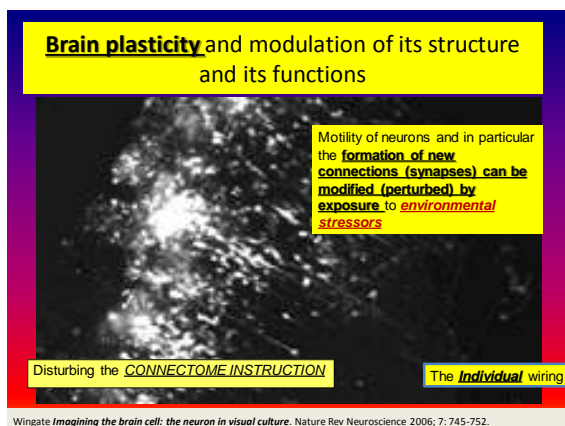
Nittby H, et al. *Radiofrequency and extremely low-frequency electromagnetic field effects on the blood-brain barrier*. Electromagn Biol Med. 2008;27(2):103–126

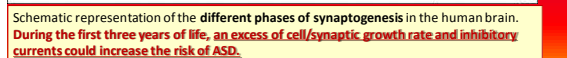
Huber R, et al. *Exposure to pulse-modulated radio frequency electromagnetic fields affects regional cerebral blood flow*. Eur J Neurosci. 2005;21(4):1000–1006

Blank M, Goodman R. *Comment: a biological guide for electromagnetic safety: the stress response*. Bioelectromagnetics. 2004;25(8):642–646

Salford LG, et al. *Nerve cell damage in mammalian brain after exposure to microwaves from GSM mobile phones*. Environ Health Perspect. 2003;111:881–883



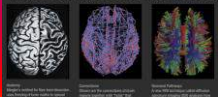




The **general, species-specific, structure of the human brain/cortex** is, indeed, a product of **phylogeny**: **The ancestral wiring** in particular, the **lateralization** and the resulting **dominance of an hemisphere over the other** and the **functional connections between the various regions and areas of the brain** are under **genetic control (body plans)**, limiting (*channelling*) the transformative (evolutionary) potential of the information coming from outside..

On the contrary
the **fine, individual and soft-wiring structure of the cortex, (i. e. the individual *connectome*)**, is the result of **ontogeny** and develops under **epi-genetic control**.

The Human Connectome

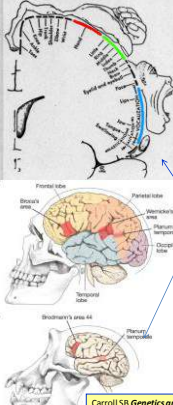


<http://www.humanconnectomeproject.org/>

The Individual wiring

Le câblage ancestral

As with the sensory cortex, Wilder Penfield was responsible for **mapping the motor cortex...**
Chimps also have a motor cortex, but the area of cortex devoted to vocal control is restricted relative to what you see in the human animal. Their brains are just not built for the detailed vocalizations you need to in order to pronounce all the **phonemes** that comprise linguistic verbal communication. Neurologists knew this, and **had the chimp trainers consulted a neurologist before starting, they would have saved themselves years of wasted effort**, and moved directly to the more realistic goal of seeing whether chimps could learn sign language




Carroll SB Genetics and the making of *Homo sapiens* Nature (2003) 422, 849-857

.. what interests us here is the **software** (which is essentially constituted by **neuronal circuits** and thus by the **synaptic connections**)

and the way in which - in the course of **ontogenesis**, mainly during the **fetal life** and the **first two years of life** (ie in the period of maximal **developmental plasticity**)

billion of dendritic tree structures are connecting with each other in response to information coming from the environment and from the rest of the "network" under construction

[what is really hard to understand is why so many scientists prefer, even in this context, a selective (neo-Darwinian) evolutionary model rather than an instructive and constructive one (Lamarckian and Darwinian)]



neuron

Autism

The Human Connectome Project

- Autism and autism spectrum disorders (ADS) are developmental disorders of neural connections and, as we will see, of synaptogenesis
- This affects the way in which the brain "processes information"



"We know that synapses are essential for learning, memory, and perception and suspect that imbalances in synapse formation impact disorders of the brain such as autism and schizophrenia," says Elva Diaz, assistant professor of pharmacology at UC Davis. "Our study is the first to identify SytDIG1 as a critical regulator of these important brain connections."

As for the causes of autism many hypotheses have been advanced: at present these disorders are usually considered as essentially 'genetic' .. while all the environmental causes (including vaccines, mercury, heavy metals, pesticides) have been considered as highly improbable

Which is in contrast with the dramatic increase of the autism spectrum disorders (generally explained with the changing of the diagnostic criteria).

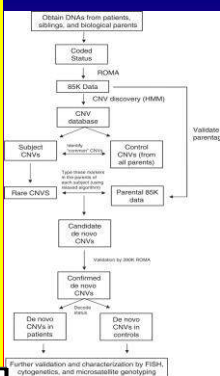


I will try to show why and in what sense this approach is not only simplistic, but also misleading as

- the increase of the cases is continuous and alarming,
- the traditional genetic risk factors have not so far been found
- the most important mutations are de novo (which is to say, they are not found in somatic cells of the parents .. but rather occur
- in parents' gametes or
- during fetal development

And that makes autism a non-hereditary genomic disease

Beaudet AL. *Autism: highly heritable but not Inherited* Nature Medicine (2007) 13, 534 - 536



- The fact that these problems usually occur after a latency period (of normal intellectual and motor development) shows that
- the brain basic structures (cerebral neuronal differentiation and migration: definition of the functional areas of the brain), are not changed
- but, so to speak, it is the software (connectome) - synaptic connections .. - neuronal circuits .. to be damaged

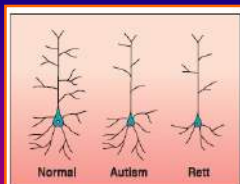


Fig. 2. Schematic representation of pyramidal neurons from control, autism, and Rett brains. In autism, the cell body is small and there is reduced dendritic branching. Similar changes occur in Rett, along with reduction in basilar dendritic branching. The reported changes are subtle and apply to a few neurons in selected brain regions in each disorder (50, 87).

Postnatal Neurodevelopmental Disorders: Meeting at the Synapse?
Huda Y. Zoghbi, et al.
Science 302, 626 (2003).