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A Silent Pandemic
Industrial Chemicals Are Impairing
The Brain Development of Children Worldwide
For immediate release: Tuesday, November 7, 2006

THE LANCET
Volume 368, Issue 9553, 16 December 2006-22 December 2006, Pages 2167-2178

Developmental neurotoxicity of industrial chemicals
P Grandjean, P Landrigan

Neurodevelopmental disorders such as autism, attention deficit disorder, mental retardation, and cerebral palsy are common, costly, and can cause lifelong disability. Their causes are mostly unknown. A few industrial chemicals (eg, lead, methylmercury, polychlorinated biphenyls [PCBs], arsenic, and toluene) are recognised causes of neurodevelopmental disorders and subtle brain dysfunction. Exposure to these chemicals during early fetal development can cause brain injury at doses much lower than those affecting adult brain function. Recognition of these risks has led to evidence-based programmes of prevention, such as elimination of lead additives in petrol. Although these prevention campaigns are highly successful, most were initiated only after substantial delays. Another 200 chemicals are known to cause clinical neurotoxic effects in adults. Despite an absence of systematic testing, many additional chemicals have been shown to be neurotoxic in laboratory models. The toxic effects of such chemicals in the developing human brain are not known and they are not regulated to protect children. The two main impediments to prevention of neurodevelopmental deficits of chemical origin are the great gaps in testing chemicals for developmental neurotoxicity and the high level of proof required for regulation. New, precautionary approaches that recognise the unique vulnerability of the developing brain are needed for testing and control of chemicals.

Strong Association of De Novo Copy Number Mutations with Autism
Jonathan Sebat *et al.*
Science 316, 445 (2007):

We tested the hypothesis that de novo copy number variation (CNV) is associated with autism spectrum disorders (ASDs). We performed comparative genomic hybridization (CGH) on the genomic DNA of patients and unaffected subjects to detect copy number variants not present in their respective parents. Candidate genomic regions were validated by higher-resolution CGH, paternity testing, cytogenetics, fluorescence in situ hybridization, and microsatellite genotyping. Confirmed de novo CNVs were significantly associated with autism ($P = 0.0005$). Such CNVs were identified in 12 out of 118 (10%) of patients with sporadic autism, in 2 out of 77 (3%) of patients with an affected first-degree relative, and in 2 out of 196 (1%) of controls. Most de novo CNVs were smaller than microscopic resolution. Affected genomic regions were highly heterogeneous and included mutations of single genes. These findings establish de novo germline mutation as a more significant risk factor for ASD than previously recognized.

Science
AAAS

Rare Structural Variants Disrupt Multiple Genes in Neurodevelopmental Pathways in Schizophrenia

Tom Walsh *et al.*

Science 320, 539 (2008):

Schizophrenia is a devastating neurodevelopmental disorder whose genetic influences remain elusive. We hypothesize that individually rare structural variants contribute to the illness. Microdeletions and microduplications >100 kilobases were identified by microarray comparative genomic hybridization of genomic DNA from 150 individuals with schizophrenia and 268 ancestry-matched controls. All variants were validated by high-resolution platforms. Novel deletions and duplications of genes were present in 5% of controls versus 15% of cases and 20% of young-onset cases, both highly significant differences. The association was independently replicated in patients with childhood-onset schizophrenia as compared with their parents. Mutations in cases disrupted genes disproportionately from signaling networks controlling neurodevelopment, including neuregulin and glutamate pathways. These results suggest that multiple, individually rare mutations altering genes in neurodevelopmental pathways contribute to schizophrenia.

Science
AAAS

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Author Manuscript
 Published in final edited form as:
Neurosci Biobehav Rev. 2008 October ; 32(8): 1519-1532. doi:10.1016/j.neubiorev.2008.06.004.

PRENATAL STRESS AND RISK FOR AUTISM

Dennis K. Kinney, Ph.D.^{3,5,6,7}, Kerim M. Munir, M.D., M.P.H., D.Sc.^{5,6,7}, David J. Crowley³, and Andrea M. Miller³

This paper reviews several converging lines of research that suggest that prenatal exposure to environmental stress may increase risk for Autistic Disorder (AD). We first discuss studies finding that prenatal exposure to stressful life events is associated with significantly increased risk of AD, as well as other disorders, such as schizophrenia and depression. We then review evidence from animal and human studies that suggest that prenatal stress can produce both (a) abnormal postnatal behaviors that resemble the defining symptoms of AD, and (b) other abnormalities that have elevated rates in AD, such as learning deficits, seizure disorders, perinatal complications, immunologic and neuroinflammatory anomalies, and low postnatal tolerance for stress.

Prenatal exposure to stressful life events is associated with significantly increased risk of Autistic Disorders (AD), as well as other disorders, such as schizophrenia and depression..

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(b) other abnormalities that have elevated rates in AD, such as learning deficits, seizure disorders, perinatal complications, immunologic and neuroinflammatory anomalies, and low postnatal tolerance for stress

nature neuroscience

Nature Neuroscience 7, 847 - 854 (2004)
 Published online: 27 June 2004 | [Corrected](#) online: 27 July 2004 | doi:10.1038/nn1276

Epigenetic programming by maternal behavior

Ian C G Weaver^{1,2}, Nadia Cervoni³, Frances A Champagne^{1,2}, Ana C D'Alessio³, Shakti Sharma³, Jonathan R Seckl³, Sergiy Dymov³, Moshe Szyf³ & Michael J Meaney^{1,4}

Here we report that increased pup licking and grooming (LG) and arched-back nursing (ABN) by rat mothers altered the offspring epigenome at a glucocorticoid receptor (GR) gene promoter in the hippocampus. Offspring of mothers that showed high levels of LG and ABN were found to have differences in DNA methylation, as compared to offspring of 'low-LG-ABN' mothers. These differences emerged over the first week of life, were reversed with cross-fostering, persisted into adulthood and were associated with altered histone acetylation and transcription factor (NGFI-A) binding to the GR promoter. Central infusion of a histone deacetylase inhibitor removed the group differences in histone acetylation, DNA methylation, NGFI-A binding, GR expression and hypothalamic-pituitary-adrenal (HPA) responses to stress, suggesting a causal relation among epigenetic state, GR expression and the maternal effect on stress responses in the offspring. Thus we show that an epigenetic state of a gene can be established through behavioral programming, and it is potentially reversible.

Weaver IC, Cervoni N, Champagne FA, D'Alessio AC, Sharma S, Seckl JR, Dymov S, Szyf M, Meaney MJ. Epigenetic programming by maternal behavior. *Nat Neurosci.* 2004 Aug;7(8):847-54.





The **fifth** key word is **phylogeny**

The chimpanzee DNA is for 98.77% identical to the human.

On average, a gene encoding a protein in a man differs from its chimpanzee ortholog by only two aa substitutions

... almost one third of human genes has exactly the same protein translation as their orthologs in chimpanzee

We are quite stable (for millions of years) both genetically and phenotypically

Species **phylogeny**

Evo

From the Tree of the Life Website, University of Arizona

Orangutan Gorilla Chimpanzee Human

Sanger Institute

Chimpanzee-human divergence

Evo

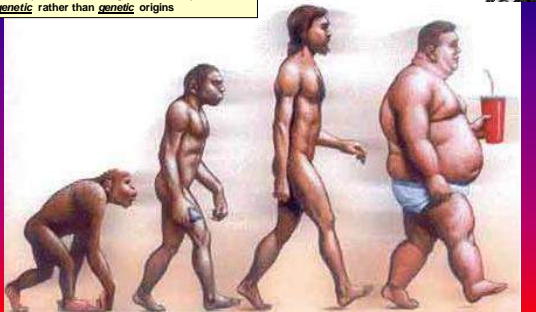
6-8 million years

Chimpanzees Humans

Hominids or hominins

Brain: a rapidly evolving Organ...

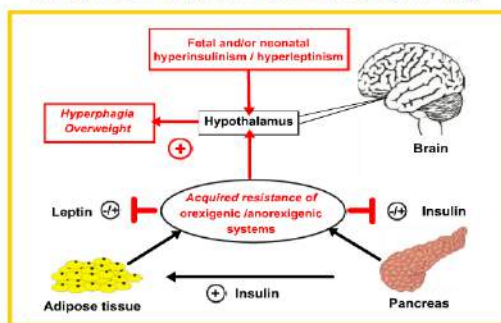
We can already summarize all this by saying that the main phenotypic (in particular behavioural) differences between *Homo sapiens* and the other primates (and between single individuals) do have epigenetic rather than genetic origins



Which also means that the **main variations in our phenotype** (both physiological and pathological) have their origin in **fetal programming** and are induced by the altogether changing **environment** and modulated by the **epigenome** ...

The sixth key word is (epigenetic-phenotypic) **mismatch**
 → **DOHA (Developmental Origins of Health and Diseases)**

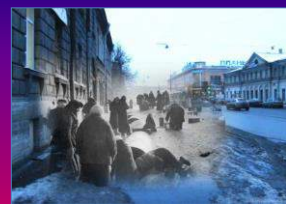
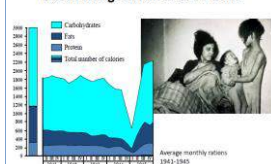
A mechanism of neuroendocrine 'malprogramming'



Plagemann, J. *Perinat. Med.* 32 (2004)

Dutch famine versus Leningrad Siege

Dutch Hunger Winter 1944-1945



Roseboom TJ et al. *Effects of prenatal exposure to the Dutch famine on adult disease in later life: an overview* *Twin Res.* (2001); 4(5):293-8

Slanner SA, Yudkin JS *Fetal programming and the Leningrad Siege study* *Twin Res.* (2001); 4(5):287-92

Fetal programming implies that during critical periods of prenatal growth, **permanent changes in metabolism and/or structures** may result from adverse intrauterine conditions. ... Anyway such (epigenetic) changes are **potentially adaptive**: in case of a rapid change between the information that the child receives before and after birth, the **responses are mismatched and disease risk increases** (→ chronic diseases)

EPIGENOME ROADMAP
A Nature special issue
nature.com/epigenome/roadmap

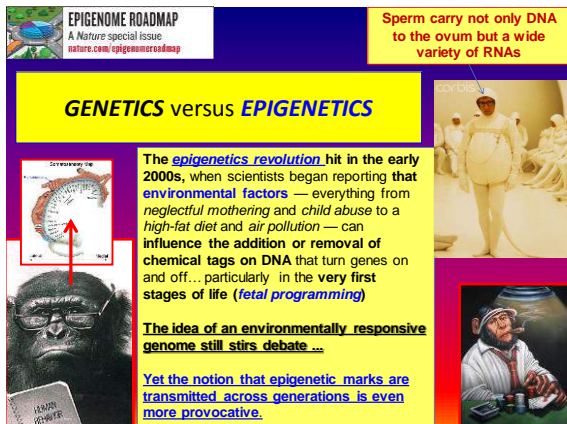
GENETICS versus EPIGENETICS

The **epigenetics revolution** hit in the early 2000s, when scientists began reporting that **environmental factors** — everything from neglectful mothering and child abuse to a high-fat diet and air pollution — can influence the addition or removal of chemical tags on DNA that turn genes on and off... particularly in the very first stages of life (**fetal programming**)

The idea of an environmentally responsive genome still stirs debate ...

Yet the notion that epigenetic marks are transmitted across generations is even more provocative.

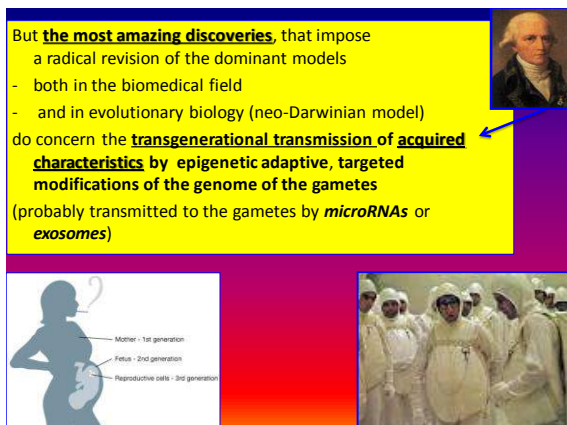
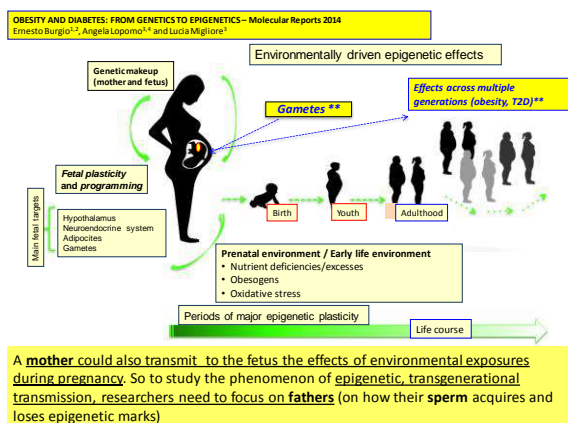
Sperm carry not only DNA to the ovum but a wide variety of RNAs



But **the most amazing discoveries**, that impose a radical revision of the dominant models

- both in the biomedical field
- and in evolutionary biology (neo-Darwinian model)

do concern the **transgenerational transmission of acquired characteristics** by epigenetic adaptive, targeted modifications of the genome of the gametes (probably transmitted to the gametes by **microRNAs** or **exosomes**)

5^e Journée annuelle de l'Impact de l'environnement sur la santé de la femme, mère & de l'enfant

30 avril 2015

Focus sur la périconception et la grossesse

The overlooked heritage: the genetic transmission by the father

Everything You Always Wanted to Know About Sex (But Were Afraid to Ask)
Woody Allen dressed as a sperm (1972)

Tout ce que vous avez toujours voulu savoir sur le sexe (sans jamais oser le demander)

ECERI

ERNESTO BURGIO
ECERI - European Cancer and Environment Research Institute
ISDE Scientific Committee

nature International weekly journal of science

Published online 1 November 2012 | Nature | doi:10.1038/news021028-9

Cardiovascular and diabetes mortality determined by nutrition during parents' and grandparents' slow growth period

Effects of nutrition could be carried down generations.

Grandfathers who overeat might ruin their grandchildren's health, say Swedish researchers. The study suggests that diet, which does not change genes, can nevertheless influence future generations.

Gunnar Kaati and his team at the University of Umeå collected health histories of 300 Swedes born between 1890 and 1920. Crop records showed how much they were eating just before puberty. **Grandchildren of well-fed grandfathers were four times as likely to die from diabetes. A nutrition-linked mechanism through the male line influenced the risk for cardiovascular and diabetes mellitus mortality.**

(Odds Ratio 4.1, 95% confidence interval 1.33-12.93, P=0.01).

Sex-specific, male-line transgenerational responses in humans

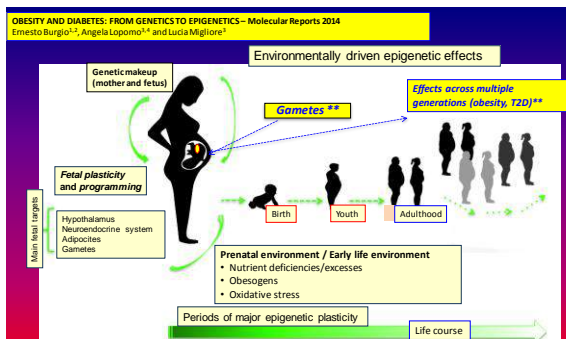
European Journal of Human Genetics (2006) 14, 159–166
© 2006 Nature Publishing Group. All rights reserved 1018-4813/06 \$30.00
www.nature.com/ejhg

Marcus E Pembrey^{1,2}, Lars Olov Bygren^{3,6}, Gunnar Kaati⁴, Sören Edvinsson⁵, Kate Northstone⁷, Michael Sjöström⁶, Jean Golding² and The ALSPAC Study Team²

Transgenerational effects of maternal nutrition or other environmental 'exposures' are well recognised, but the possibility of exposure in the male influencing development and health in the next generation(s) is rarely considered. However, historical associations of longevity with paternal ancestors' food supply in the slow growth period (SGP) in mid childhood have been reported. Using the Avon Longitudinal Study of Parents and Children (ALSPAC), we identified 166 fathers who reported starting smoking before age 11 years and compared the growth of their offspring with those with a later paternal onset of smoking, after correcting for confounders. We analysed food supply effects on offspring and grandchild mortality risk ratios (RR) using 303 probands and their 1818 parents and grandparents from the 1890, 1905 and 1920 Overkalix cohorts, northern Sweden. After appropriate adjustment, early paternal smoking is associated with greater body mass index (BMI) at 9 years in sons, but not daughters. Sex-specific effects were also shown in the Overkalix data; paternal grandfather's food supply was only linked to the mortality RR of grandsons, while paternal grandmother's food supply was only associated with the granddaughters' mortality RR. These transgenerational effects were observed with exposure during the SGP (both grandparents) or fetal/infant life (grandmothers) but not during either

Our findings add a new, multigenerational dimension to the interplay between inheritance and environment in health and development; they provide proof of principle that sex-specific, male-line transgenerational effects exist in humans. We propose that our results, which are specific enough to allow replication, are manifestations of an evolved adaptive transgenerational response mechanism. Our study exemplifies a research approach that could, potentially, make a major contribution to public health and impact on the way we view our responsibilities towards future generations.





A **mother** could also transmit to the fetus the effects of environmental exposures during pregnancy. So to study the phenomenon of epigenetic, transgenerational transmission, researchers need to focus on **fathers** (on how their **sperm** acquires and loses epigenetic marks)

Similar work in Britain reported in 2005 that **fathers who had started smoking before the age of 11 had an increased risk of having boys of above average weight**

WHY YOUR DNA ISN'T YOUR DESTINY
The new science of epigenetics reveals how the choices you make can change your genes—and those of your kids
BY JOHN HILGREN

When Pembrey, Bygren and Golding looked at the sons of those 166 early smokers, it turned out that the boys had significantly **higher body mass indexes** than other boys by age 9. That means the **sons of men who smoke in prepuberty will be at higher risk for obesity and other health problems well into adulthood...**

Pembrey, Bygren, Golding and their colleagues concluded in the *European Journal of Human Genetics* paper. In other words, you can change your epigenetics even when you make a dumb decision at 10 years old. **If you start smoking then, you may have made not only a medical mistake but a catastrophic genetic mistake.**

Sperm signatures

- Yet many scientists remained sceptical. Epidemiological studies are often messy, and it is impossible to rule out all confounding variables.
- In the past few years, however, several studies in rodents have supported these observations and begun to attribute the transmission of various traits to changes in sperm.

Epigenetics

Volume 7, Issue 5, 2012

Twenty-eight microRNAs were found to be differentially expressed in the sperm from male smokers vs. non-smokers



Smoking induces differential miRNA expression in human spermatozoa: A potential transgenerational epigenetic concern?

Recent work has suggested that environmental chemicals, including those contained in cigarette smoke, can have adverse effects on the exposed individuals as well as their future progeny. The mechanisms underlying transmission of environmentally induced phenotypes through the germ line are not well understood. However, a predominant process appears to be the establishment of permanent heritable epigenetic alterations, and a number of studies have implicated microRNAs in such processes. Here, we show that cigarette smoke induces specific differences in the spermatozoal microRNA

content. **The mechanisms underlying transmission of environmentally induced phenotypes through the germ line** are not well understood. However, a predominant process appears to be the establishment of permanent heritable epigenetic alterations, and a number of studies have implicated microRNAs in such processes.

Here, we show that **cigarette smoke induces specific differences in the spermatozoal microRNA** content of human smokers compared with non-smokers, and that **these altered microRNAs appear to predominantly mediate pathways vital for healthy sperm and normal embryo development**, particularly cell death and apoptosis.

Behavioral/Cognitive

The Journal of Neuroscience, May 22, 2011 • 31(21):6983–6992 • 6983

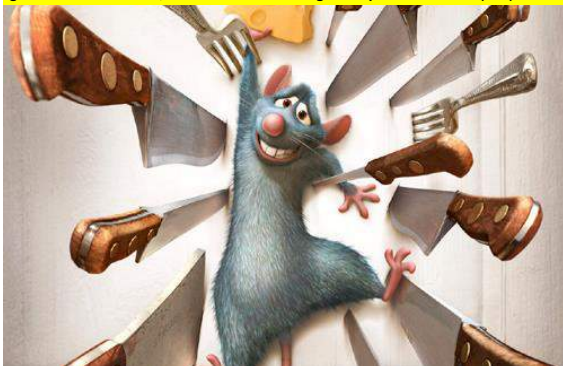
Paternal Stress Exposure Alters Sperm MicroRNA Content and Reprograms Offspring HPA Stress Axis Regulation

Ali B. Rodgers, Christopher P. Morgan, Stefanie L. Bronson, Sonia Revello, and Tracy L. Bale

Neuropsychiatric disease frequently presents with an underlying hyporeactivity or hyperactivity of the HPA stress axis, suggesting an exceptional vulnerability of this circuitry to external perturbations. Parental lifetime exposures to environmental challenges are associated with increased offspring neuropsychiatric disease risk, and likely contribute to stress dysregulation. While maternal influences have been extensively examined, much less is known regarding the specific role of paternal factors. To investigate the potential mechanisms by which paternal stress may contribute to offspring hypothalamic–pituitary–adrenal (HPA) axis dysregulation, we exposed mice to 6 weeks of chronic stress before breeding. As epidemiological studies support variation in paternal germ cell susceptibility to reprogramming across the lifespan, male stress exposure occurred either throughout puberty or in adulthood. Remarkably, offspring of sires from both paternal stress groups displayed significantly reduced HPA stress axis responsivity. Gene set enrichment analyses in offspring stress-regulating brain regions, the paraventricular nucleus (PVN) and the bed nucleus of stria terminalis, revealed global patterns changes in transcription suggestive of epigenetic reprogramming, and consistent with altered offspring stress responsivity, including increased expression of glucocorticoid-responsive genes in the PVN. In examining potential epigenetic mechanisms of germ cell transmission, we found robust changes in sperm microRNA (miR) content, where nine

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Remarkably, **offspring from both paternal stress groups displayed significantly reduced HPA stress axis responsivity**...In examining epigenetic mechanisms of germ cell transmission, we found robust changes in sperm microRNA (miR)..



Lamarck revisited: epigenetic inheritance of ancestral odor fear conditioning

Moshe Szyf

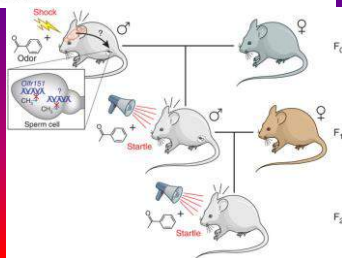
Nature Neuroscience 17, 2–4 (2014)



A study shows that when mice are taught to fear an odor, both their offspring and the next generation are born fearing it. The gene for an olfactory receptor activated by the odor is specifically demethylated in the germ line and the olfactory circuits for detecting the odor are enhanced.

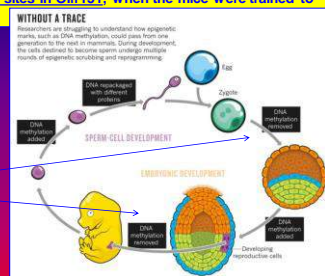
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The gene for an olfactory receptor activated by the odor is specifically demethylated in the germ line and the olfactory circuits for detecting the odor are enhanced.



Because a molecular target, a specific olfactory receptor gene, is known, the authors were able to examine epigenetic marks at this locus. They found that there were differentially demethylated sites in *Otr151*, when the mice were trained to fear acetophenone.

Even more surprising is the fact that this methylation signature in sperm is transferred to the F1 and F2 generations, indicating that it escapes both the post-fertilization and primordial germ cell erasures of DNA methylation.



But creating an epigenetic mark in the sperm is only the first step. To pass down through multiple generations, the signal needs to survive multiple rounds of rigorous epigenetic reprogramming.

frontiers in GENETICS

May 2014 | Volume 5 | Article 133 | 1

OPINION ARTICLE



Molecular mechanisms for the inheritance of acquired characteristics—exosomes, microRNA shuttling, fear and stress: Lamarck resurrected?

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*Correspondence: jmsmythies@ucsd.edu

This paper will explore two possible molecular mechanisms, based on microRNAs and exosomes, which may contribute to the inheritance of acquired characteristics. It will not be concerned directly with other mechanisms proposed in this field, such as the epigenetic reprogramming of the developing germ line, including epimutations, which may be responsible for some instances of inheritance. Stringer et al. (2013) have recently reviewed the Byzantine complexity of this field (also see Day and Bonner, 2014). We propose to explore two additional (non-competitive) fields presented in the form of two hypotheses. The first involves short range exosome signaling and the second involves long range exosome signaling.

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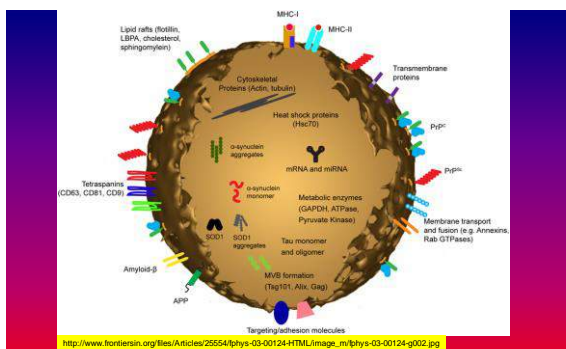
We propose to explore two additional hypotheses. The first involves short range exosome signaling and the second involves long range exosome signaling.

HYPOTHESIS 1**SHORT RANGE EXOSOME SIGNALING**

We suggest that parental stress up-regulates the production of the microRNAs specified above in the epididymis, via activation of the HPA axis. Other chemical signals, generated by such factors as tobacco usage and insulin resistance, may also modulate microRNA expression. Subsequently, these microRNAs are shuttled by exosomes to the sperm and conveyed to the ovum. Here, they may epigenetically up-regulate the sensitivity of the developing HPA system in the developing embryo during the formation of the HPA axis. The fact that the top-predicted target of the microRNAs detected by Rodgers et al. (2013) was a DNA methyltransferase may be significant in this context. Consequently, when the adult offspring is stressed, it would exhibit behaviors associated with having an HPA system with a lowered threshold for activation. This reaction would in turn lower the threshold for expression of particular stress-evoked miRNAs in its own epididymis and sperm, owing to a repeat of the mechanism described above.

Sperm carry not only DNA to the ovum but a **wide variety of RNAs**. These include mRNAs, microRNAs and piRNAs playing a **major role in embryo development** by regulating the expression of various genes. **These microRNAs reach the developing sperm in the epididymis, where they are transported by exosomes from the epididymal epithelium ..**

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Exosomes are small membrane bound vesicles containing mRNA and miRNA, and a vast array of different proteins depending on their host cell...Scientists that are actively researching the role that exosomes may play in cell-to-cell signaling, hypothesize that delivery of their cargo RNA molecules can explain many biological effects

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Effects of the Exposure to Mobile Phones on Male Reproduction: A Review of the Literature

SANDRO LA VIGNERA, ROSITA A. CONDORELLI, ENZO VICARI, ROSARIO D'AGATA, AND ALDO E. CALOGERO

From the Section of Endocrinology, Andrology, and Internal Medicine and Master in Andrological, Human Reproduction, and Biotechnology Sciences, Department of Internal Medicine and Systemic Diseases, University of Catania, Catania, Italy.



ABSTRACT: The use of mobile phones is now widespread. A great debate exists about the possible damage that the radiofrequency electromagnetic radiation (RF-EMR) emitted by mobile phones exerts on different organs and apparatuses. The aim of the article was to review the existing literature exploring the effects of RF-EMR on the male reproductive function in experimental animals and humans. Studies have been conducted in rats, mice, and rabbits using a similar design based upon mobile phone RF exposure for variable lengths of

The aim of this article was to review the existing literature exploring the effects of RF-EMR on the male reproductive function in experimental animals and humans...The results showed that **human spermatozoa exposed to RF-EMR have decreased motility, morphometric abnormalities, and increased oxidative stress, whereas men using mobile phones have decreased sperm concentration, decreased motility (particularly rapid progressive motility) and decreased viability.** These abnormalities seem to be directly related to the duration of mobile phone use.

WI-FI PRODUCED BY YOUR PC the radiated signal exceeds 13 V / m



Exposure to RF-EMW can induce alterations in many sub-cellular mechanisms

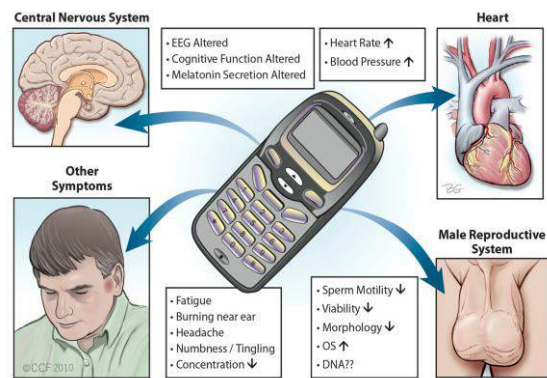
Changed plasma membrane potential and calcium efflux with resultant calcium depletion leads to decrease in the activity of protein kinase C (PKC). This decrease leads to alteration in many enzymes, ion pumps, channels and proteins as well as inducing apoptosis.

RF-EMW also induce ROS production through disturbance of the mitochondrial membrane bound NADH oxidase. ROS has impact on PKC, histone kinase, heat shock protein, DNA and apoptosis.

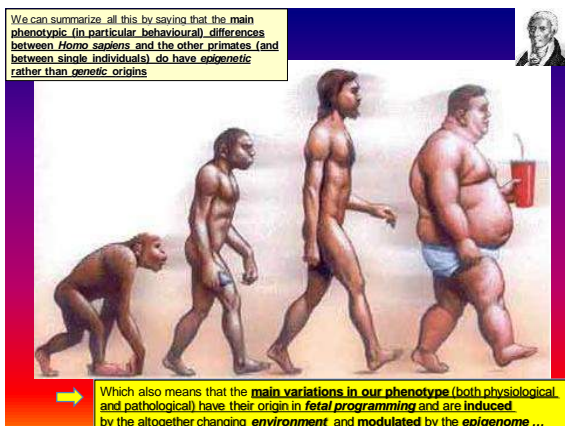
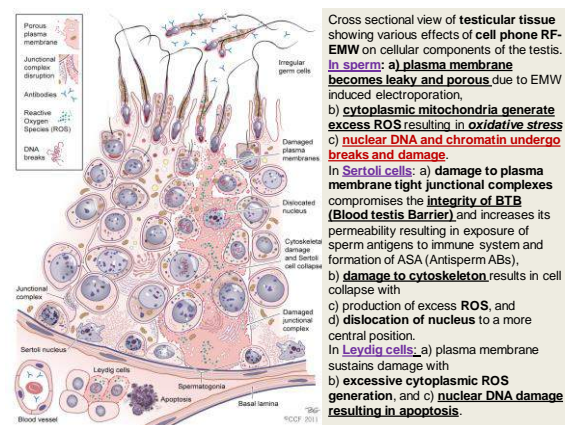
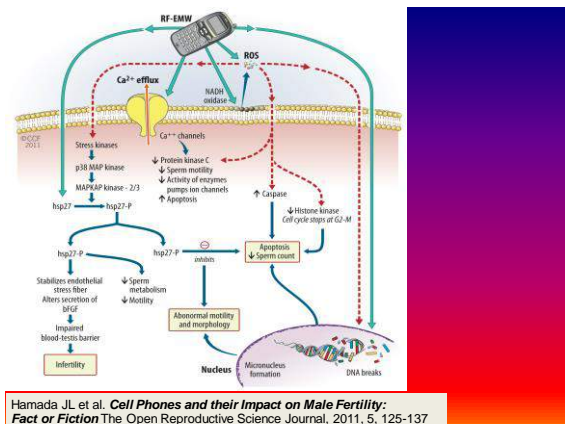
Heat shock proteins (HSPs) increase in response to electromagnetic radiation and ROS. HSPs slows the metabolism of the sperm and impairs the blood testis barrier interfering with apoptosis of damaged and transformed sperm.

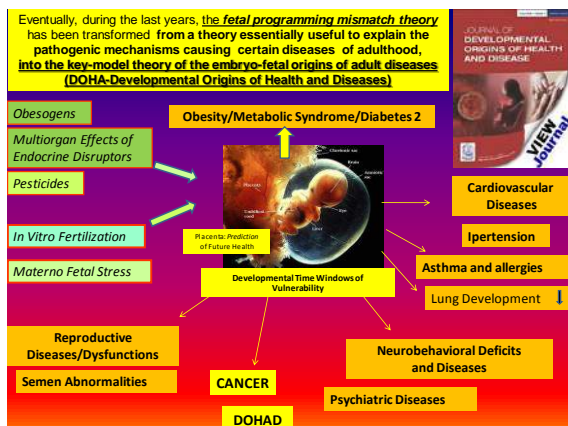
Genotoxic effect of RF-EMW on sperm is either through ROS production or through direct clastogenic chromatin breaking effect.

Hamada JL et al. *Cell Phones and their Impact on Male Fertility: Fact or Fiction*
The Open Reproductive Science Journal, 2011, 5, 125-137



Hamada JL et al. *Cell Phones and their Impact on Male Fertility: Fact or Fiction*
The Open Reproductive Science Journal, 2011, 5, 125-137





A new scientific truth does not triumph by convincing its opponents and making them see the light, but rather because its opponents eventually die, and a new generation grows up that is familiar with it.
Max Planck (1858 - 1947)

Une nouvelle vérité scientifique ne triomphe pas en convainquant ses adversaires et en leur faisant voir la lumière, mais plutôt parce que ses opposants meurent et qu'ils sont remplacés par une nouvelle génération pour qui elle est familière.
Max Planck (1858 - 1947)
